

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing. Discuss both these views and give your own opinion. Give reasons for your answer and include any relevant examples from your own knowledge or experience.

While many tend to experience new challenges in life, others certainly prefer to have a relaxed lifestyle without new experiences. Undoubtedly each of the mentioned viewpoints has its own intrinsic advantages and disadvantages which will be the subject of this short essay.

It goes without saying that our perspective to life plays a significant role in our decisions. It is in fact the correct decisions that pave the way to the impressive achievements in life. Concentration on a specific goal, for sure is one of the proven strategies to achieve success. Wasting time and energy, many a person does the same deed every day without any remarkable achievement. Repetition of the same tasks each day seem attractive to most aimless individuals preferring to live in a safe margin, hardly taking a risk. Only when people perform the same task and try to improve their competency in that specific duty, can a society expect to improve standards of living.

Far from the abovementioned approach there is a completely different overlook-outlook on life the followers of which change their positions every now and then. This group of people argue that remaining in a particular lifestyle prevents revealing our hidden gifts. It means that by experiencing new activities individuals can find out more about their talents, and broaden their mindset. Despite the merits of such an attractive approach the demerits of it can be an unconscious escape of-from difficulties in life. That solving problems leads to personal growth is an undeniable fact.

By way of conclusion, I must say that today's life demands for-professionals involving in a special field. Beyond doubt, those who are looking for change for long periods of time hardly meet recent standard requirements to make a living. Hardly a day passes without a new service for the ever-growing demands of the modern humans. Therefore, I believe change is not a good option after a certain period of time. I maintain people have to stick to a certain activity in their life.